

# Cafeteria Menu

Breakfast 7:00-9:00    Lunch 11:30-1:30    Dinner 5:00-6:30

Week of Dec 1 – Dec 7



	Lunch	Dinner
Saturday	<ul style="list-style-type: none"> <li>• Chicken Bacon Ranch Penne Casserole</li> <li>• Mushroom &amp; Swiss Burger^</li> <li>• Red Hook Ale Shrimp Platter</li> </ul>	<ul style="list-style-type: none"> <li>• Homemade Beef Vegetable Soup*</li> <li>• Breaded Cod Tail</li> <li>• Grilled Ham &amp; Cheese</li> </ul>
Sunday	<ul style="list-style-type: none"> <li>• Swiss Steak</li> <li>• Breaded Chicken Fillet w/ Cream Gravy</li> <li>• Sweet Onion Crusted Tilapia*</li> </ul>	<ul style="list-style-type: none"> <li>• Cafeteria Closed</li> </ul>
Monday	<ul style="list-style-type: none"> <li>• Turkey Tetrazzini</li> <li>• Baked Ham^</li> <li>• Hamburger Steak w/ Onions^</li> </ul>	<ul style="list-style-type: none"> <li>• Meatloaf</li> <li>• Butterfly Shrimp Platter</li> <li>• General Tso's Chicken &amp; Rice*</li> </ul>
Tuesday	<ul style="list-style-type: none"> <li>• Asian Beef &amp; Snow Peas*</li> <li>• Breaded Chicken Tenders w/ Cream Gravy</li> <li>• Polish Sausage/ Sauerkraut^</li> </ul>	<ul style="list-style-type: none"> <li>• Stuffed Chicken Breasts</li> <li>• Ham &amp; Beans*^</li> <li>• Sliced Roast Beef^</li> </ul>
Wednesday	<ul style="list-style-type: none"> <li>• Roasted Turkey Breast*^</li> <li>• Meatloaf</li> <li>• Breaded Pork Tenderloin w/ Gravy</li> </ul>	<ul style="list-style-type: none"> <li>• Swiss Steak</li> <li>• Bake 'R Broil Cod*</li> <li>• Roasted Chicken Quarters^</li> </ul>
Thursday	<ul style="list-style-type: none"> <li>• Cashew Chicken w/ Rice</li> <li>• Swiss Steak</li> <li>• Pecan Crusted Tilapia*</li> </ul>	<ul style="list-style-type: none"> <li>• Battered Cod Fillet</li> <li>• Hamburger Steak w/ Onions</li> <li>• Smothered Chicken*^</li> </ul>
Friday	<ul style="list-style-type: none"> <li>• Beef &amp; Noodles*</li> <li>• Carl's Santa Fe Catfish*^</li> <li>• Bourbon Glazed Pork Loin</li> </ul>	<ul style="list-style-type: none"> <li>• Salisbury Steak</li> <li>• BBQ Pork^ Sandwich</li> <li>• Ale Battered Haddock Strips</li> </ul>

## FROZEN YOGURT WEEKLY SPECIALS – Birthday Cake & Italian Ice

\*Denotes Healthy Lifestyle

^Denotes item is Gluten Free (excluding bread/bun)